Rhythmic Movement Training International
RMTi Three – Reading & Writing
Face the Fear
Instructor: Moira Dempsey

August 19 to 21, 2015
9:00 am to 5:30 pm
Houston TX USA

What is Rhythmic Movement Training (RMT)

RMT courses involve using movements and various reflex integration techniques for optimal neural development. Many people with challenges such as ADD/ADHD; Sensory Processing Disorders; Autism; Speech and Language Delays: Dyslexia; PTSD; Traumatic Brain Injury (TBI); Cerebral Palsy; Developmental Delays; Depression; Anxiety; etc. have reported positive changes after following an RMTi program. RMT can be used as a stand-alone modality or easily incorporated into being used with other practices and techniques.

RMTi Three – Reading & Writing
Accredited Hours: 14 Hours (1.4 credit units)
Date: August 19 & 20, 2015
Pre-requisite: RMTi One & Two

Learning Outcomes- Understand how our reading and writing ability is affected by various factors such as vision, the ability to recognise the sounds of the language and motor ability.

Topics include:
- Relationship of retained reflexes to reading and writing challenges
- How to check for non-integrated primitive reflexes relating to reading and writing
- How to improve reading and writing abilities with RMT movements, gentle isometric techniques and other movement related activities.
- Further information and integrating techniques for the Moro, TLR and STNR reflexes
- Development of Head Righting for postural stability leading to efficient learning ability
- The importance of the Asymmetrical Tonic Neck Reflex (ATNR) for later reading and writing skills
- Auditory processing challenges and connection to reading problems
- Hand Reflexes and fine motor development essential for writing skills
- Eye & Ear Development & Challenges Neural Patterns for Reading

Includes a full color illustrated manual

Face the Fear
Accredited Hours: 14 Hours (1.4 credit units)
Date: August 21 & 22, 2015
Pre-requisite: RMTi One & Two

Learning Outcomes - This course expands our understanding of the role reflexes play in developing a sense of safety so we can learn to live with a sense of belonging, stability and confidence. The establishment of a healthy ability to bond and attach is essential for developing our ability to express and communicate on all levels – physically, emotionally, socially, mentally and behaviorally.

Topics include:
- A deeper look at the role the Fear Paralysis plays in all the above aspects
- Exploration of the role reflexes associated with the Moro - Palmar, Infant Plantar, Rooting, Suck, Babkin and Spinal Perez – play in helping to establish language abilities, and develop maturity, confidence and self-esteem.
- Simple techniques and tools for enhancing the integration of these reflexes with both children and adults.

Includes full color illustrated manual

Teaching Methods include a mixture of theory as well as practical and experiential applications, presented through a combination of PowerPoints, videos, demonstrations, discussions and practice sessions.
RMT Courses are suitable for:

Occupation therapists; physical therapists; Speech therapists; parents; social workers; family and mental health therapists; developmental optometrists; and Vision therapists; yoga therapists; classroom teachers; special educators; nursery and pre-school teachers; school counsellors; healthcare providers; massage therapists, trauma specialists and caregivers; kinesiologists; Alexander practitioners; Feldenkrais practitioners; Brain Gym instructors; neuro-developmental practitioners; osteopaths; chiropractors

About Your Instructor

Moira Dempsey has been learning and teaching RMT since 2003. She has been involved with Brain Gym® and Touch for Health since 1991. Moira was a member of the Educational Kinesiology Foundation Board of Directors from 2003 until Jan 2013. Moira has taught extensively in North America, Europe, Asia and Africa. She is a co-founder of Rhythmic Movement Training International, based in Melbourne, Australia. She also mentors people wishing to become RMT instructors. Moira received outstanding achievement awards from the EduK in 2000 and 2005, and a special award in 2012 honoring her many years of service to Brain Gym worldwide. In 2008 she received the Humanitarian Award from the Australian Kinesiology Association. She is the developer of the Face the Fear training course and co-author of the book, Movements That Heal. She is a co-founder of Rhythmic Movement Training International, based in Melbourne, Australia. She also mentors people wishing to become RMT instructors.

COST

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<tr>
<th>Class</th>
<th>Full Price:</th>
<th>Early Bird:</th>
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<tr>
<td>RMT 3</td>
<td>$440</td>
<td>$400</td>
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<td>Face the Fear</td>
<td>$440</td>
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<td>RMT 3 &amp; FtF</td>
<td>$800 (Save $80)</td>
<td>$700 (save $100)</td>
<td>$400</td>
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Make checks payable to InsnC

If you have special or accessibility needs please contact us to make arrangements

Registration:

Name: ______________________
Occupation: ____________________
Address: ________________________
City: ____________________________
State: _____________ Zip: ___________
Cell: __________________________
Home Ph: _______________________
Email: __________________________

Please initial: ______ I understand that my total deposit is non-refundable unless class is cancelled by instructor.

Payment enclosed:  ______ $100 deposit (non-refundable)
______ Full course fee
______ Repeat fee

For more information contact:
Lauren Harrington
lauren@getinsnc.com
Phone: 281 715 2888 ext 100

Register and pay online at:
https://www.jotformpro.com/Getinsnc/RMTiHoustonAugust2015

Contact Information

Websites
www.getInSNC.com

Any educational aids and materials sold during and RMT Training Courses may involve a minimal propriety interest on the part of the Instructor or RMTI. To view all RMTI policies, agendas, objectives etc go to http://www.rhythmicmovement.com/en/policies